# EAST RAVENDALE C OF E PRIAMRY

AUTUMN/WINTER 2019-2020

## Week One

4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 9th Mar, 30th Mar

### Monday

**Choose a main meal…**
Ham & Cheesy Pasta
Cheese & Tomato Pizza 'v'
Jacket Potato with Baked Beans 'v'
Chicken Mayo Roll or Cheese Roll 'v' with Salad Bar

**on the side…**
Seasonal Vegetables

**for dessert…**
Sticky Pineapple Sponge with Custard,
Fresh Fruit or Yoghurt

### Tuesday

**Choose a main meal…**
Chicken Fillet in a Bun
Omelette 'v'
Jacket Potato with Spaghetti Hoops & Cheese 'v'
Ham Roll or Soft Cheese Roll 'v' with Salad Bar

**on the side…**
Diced Potatoes,
Seasonal Vegetables

**for dessert…**
Chocolate Cookie,
Fresh Fruit or Yoghurt

### Wednesday

**Choose a main meal…**
Roast Pork with Apple Sauce & Gravy
Quorn Sausages & Gravy 'v'
Jacket Potato with Cheese 'v'
Tuna & Salmon Mayo Roll or Egg Mayo Roll 'v' with Salad Bar

**on the side…**
Roast Potatoes,
Seasonal Vegetables

**for dessert…**
Thick & Creamy Yoghurt,
Fresh Fruit

### Thursday

**Choose a main meal…**
Chicken Korma with Rice
Cheese & Tomato Pizza 'v'
Jacket Potato with Cheesy Beans 'v'
Turkey Roll or Soft Cheese Roll 'v' with Salad Bar

**on the side…**
Seasonal Vegetables

**for dessert…**
Peach Sponge Cake,
Fresh Fruit or Yoghurt

### Friday

**Choose a main meal…**
Breaded Turkey Burger
Cheesy Grill 'v'
Jacket Potato with Tuna Mayo
Ham Roll or Cheese Roll 'v' with Salad Bar

**on the side…**
Mashed Potatoes,
Baked Beans

**for dessert…**
Lemon Drizzle Slice,
Fresh Fruit or Yoghurt

## Week Two

11th Nov, 2nd Dec, 13th Jan, 3rd Feb, 24th Feb, 16th Mar

### Monday

**Choose a main meal…**
Chicken in Fajita Sauce with Rice
Cheese & Tomato Pizza 'v'
Jacket Potato with Cheesy Beans 'v'
Ham Roll or Egg Mayo Roll 'v' with Salad Bar

**on the side…**
Seasonal Vegetables

**for dessert…**
Apple Crumble with Custard,
Fresh Fruit or Yoghurt

### Tuesday

**Choose a main meal…**
Pork Sausages
Quorn Sausages 'v'
Jacket Potato with Cheese 'v'
Tuna Mayo Roll or Soft Cheese Roll 'v' with Salad Bar

**on the side…**
Mashed Potatoes,
Baked Beans

**for dessert…**
Flapjack,
Fresh Fruit or Yoghurt

### Wednesday

**Choose a main meal…**
Roast Chicken & Stuffing with Roast Potatoes & Gravy
Vegetarian Cottage Pie & Gravy 'v'
Jacket Potato with Tuna & Salmon Mayo
Turkey Roll or Cheese Roll 'v' with Salad Bar

**on the side…**
Seasonal Vegetables

**for dessert…**
Bran Cluster,
Fresh Fruit or Yoghurt

### Thursday

**Choose a main meal…**
Beef Lasagne
Veggie Meatballs in Tomato Sauce with Rice 'v'
Jacket Potato with Baked Beans 'v'
Ham Roll or Egg Mayo Roll 'v' with Salad Bar

**on the side…**
Seasonal Vegetables

**for dessert…**
Pancake with Jam,
Fresh Fruit or Yoghurt

### Friday

**Choose a main meal…**
Fish Fingers
Quorn Hotdog in a Roll 'v'
Jacket Potato with Spaghetti Hoops & Cheese 'v'
Turkey Roll or Soft Cheese Roll 'v' with Salad Bar

**on the side…**
Chips,
Peas

**for dessert…**
Berry Muffin,
Fresh Fruit or Yoghurt

## Week Three

28th Oct,, 18th Nov, 9th Dec, 20th Jan, 10th Feb, 2nd Mar, 23rd Mar

### Monday

**Choose a main meal…**
Chicken Tikka with Pitta Bread
Cheese & Tomato Pizza 'v'
Jacket Potato with Baked Beans 'v'
Ham Roll or Cheese Roll 'v' with Salad Bar

**on the side…**
Seasonal Vegetables

**for dessert…**
Chocolate & Mandarin Cake,
Fresh Fruit or Yoghurt

### Tuesday

**Choose a main meal…**
Cottage Pie
Mac 'n' Cheese 'v'
Jacket Potato with Cheesy Beans 'v'
Turkey Roll or Egg Mayo Roll 'v' with Salad Bar

**on the side…**
Seasonal Vegetables

**for dessert…**
Apple & Raspberry Crumble with Custard,
Fresh Fruit or Yoghurt

### Wednesday

**Choose a main meal…**
Mini Pork Sausages with Yorkshire Pudding ,Mashed Potatoes & Gravy
Vegetarian Mince Pie & Gravy 'v'
Jacket Potato with Spaghetti Hoops & Cheese 'v'
Tuna Mayo Roll or Cheese Roll 'v' with Salad Bar

**on the side…**
Seasonal Vegetables

**for dessert…**
St Clements Muffin,
Fresh Fruit or Yoghurt

### Thursday

**Choose a main meal…**
Chicken & Tomato Pasta Bake
Cheesy Omelette with New Potatoes 'v'
Jacket Potato with Tuna Mayo
Ham Roll or Egg Mayo Roll 'v' with Salad Bar

**on the side…**
Seasonal Vegetables

**for dessert…**
Rice Pudding with Jam,
Fresh Fruit or Yoghurt

### Friday

**Choose a main meal…**
Smart Crumb Fish
Quorn Sausage Pattie in a Bun 'V'
Jacket Potato with Cheese 'V'
Chicken Mayo Roll or Soft Cheese Roll 'v' with Salad Bar

**on the side…**
Chips,
Baked Beans

**for dessert…**
Blueberry Cookie,
Fresh Fruit or Yoghurt

LOOK OUT FOR OUR THEME DAYS
5th Nov
Christmas
13th Dec
16th Jan
14th Feb
1st Apr

Although our menus are nut free (excluding coconut) we cannot guarantee against airborne traces. Please contact our customer service desk for more information.
Please note products on this menu may be subject to change due to certain circumstances, we will notify your school prior to any changes. 'V' = Vegetarian
SPECIAL DAYS – 5TH NOVEMBER – BONFIRE DAY, DECEMBER – CHRISTMAS (DATES VARY PER SCHOOL) 16TH JANUARY – FOODS OF THE WORLD, 14TH FEBRUARY – VALENTINES DAY (DESSERT ONLY), 1ST APRIL – EASTER CELEBRATION

FRESH DRINKING WATER IS AVAILABLE

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

Chartwells
EAT | LEARN | LIVE